



Lovers' Lane Primary and Nursery School



PE Yearly Curriculum Map for Year 1

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Yr 1 Lesson 1 Indoor	Gym 6 lessons Unit 1a Travelling (dynamics) & Stillness / Partner Work	Dance 6 lessons Unit 1 Body Actions - Penguin Small Core Task (unit 1 Leics SOW app E)	Gym 6 lessons Unit 1a contd Travelling (dynamics) & Stillness / Partner Work	Dance 6 lessons Unit 1b Toys	Gym 6 lessons Unit 1a contd Travelling (dynamics) & Stillness / Partner Work Core Task (unit 5 Leics SOW app E)	Dance 6 lessons Unit 1b Toys contd Core Task (unit 1 Leics SOW app E)
Yr 1 Lesson 2 Outdoor	Games 12 lessons Unit 1a Spatial Awareness / Ball Control & Movement / Sending & Receiving / Striking (bat & ball)		Games 12 lessons Unit 1b Sending & Receiving		Games 12 lessons Unit 1c Sending & Receiving / Rolling / Dribbling & Kicking Core Task (unit 3 Leics SOW app E)	



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PE Yearly Curriculum Map for Year 2

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Yr 2 Lesson 1 Indoor (PPA)	Gym 6 lessons Unit 2a Sequences (high & low) / Weight on Hands & Feet / Spinning, Turning & Twisting	Dance 6 lessons Unit 2 Animal Movements	Gym 6 lessons Unit 2a Sequences (high & low) / Weight on Hands & Feet / Spinning, Turning & Twisting	Dance 6 lessons Unit 2a Pathways, Colour & Noise (lessons 7 - 12) Core Task (unit 2 Leics SOW app E)	Gym 6 lessons Unit 2a Sequences (high & low) / Weight on Hands & Feet / Spinning, Turning & Twisting Core Task (unit 6 Leics SOW app E)	OAA 6 lessons Unit 1 Physical Challenges / Orienteering & Trails
Yr 2 Lesson 2 Outdoor	Athletics 6 lessons Unit 1 Running, Jumping & Throwing Core Task (unit 17 Leics SOW app E)	Games 15 lessons Unit 2a Movement with a ball / Sending & Receiving / Aiming / Kicking / Games Play		Games 15 lessons (this unit may lose a few lessons owing to SATS) Unit 2b Throwing / Catching / Aiming / Striking / Games Play Core Task (unit 4 Leics SOW app E)		



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PE Yearly Curriculum Map for Year 3

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Yr 3 Lesson 1 Indoor	Gym 6 lessons Unit 3 Balance & Rolling / Jumping / Sequences / Partner Work / Shapes / Dynamics	Dance 6 lessons Unit 3 Paired, Group & Class work (circle, friendship, traditional country dancing)	Gym 6 lessons Unit 3 contd	Dance 6 lessons Unit 3a Pair and group work	Gym 6 lessons Unit 3 contd Core Task (unit 14 Leics SOW app E)	Golf Unit 1 6 lessons
				Swimming Year 3 & Year 4 will swim for 3 half terms. If not swimming the above indoor topic will be taught.	Swimming Year 3 & Year 4 will swim for 3 half terms. If not swimming the above indoor topic will be taught.	Swimming Year 3 & Year 4 will swim for 3 half terms. If not swimming the above indoor topic will be taught.
Yr 3 Lesson 2 Outdoor	Striking/Fielding 6 lessons Unit 1 (Cricket) Core Task (unit Leics SOW app E)	Invasion Games 12 lessons Unit 1 Developing Skills (sending & receiving / Scoring Core Task (unit 10 Leics SOW app E)		Net/Wall Games 12 lessons Unit 1 Sending (striking) Receiving (controlling) / mini games Core Task (unit 13 Leics SOW app E) or use LTA tennis scheme - annotate plans to show. <i>(This has allocated more time than needed for skills to be developed. This is in case of inclement weather when a lesson may be missed as the hall may not be available)</i>		Athletics 6 lessons Unit 2 Running, Jumping, Throwing, Athletic event Core Task (unit 18 Leics SOW app E)



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PE Yearly Curriculum Map for Year 4

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Yr 4 Lesson 2 Indoor	OAA 6 lessons Unit 2 Core Task (unit 19 Leics SOW app E)	Dance 6 lessons Unit 4 Dorset Ring Dance	Gym 6 lessons Unit 4 Core Task (unit 14 Leics SOW app E)	Dance 6 lessons Unit 4b Laugh a Minute Core Task (unit 9 Leics SOW app E)	Gym 6 lessons Unit 4 cont Core Task (unit 14 Leics SOW app E)	Golf Unit 2 6 lessons
				Swimming Year 3 & Year 4 will swim for 3 half terms. If not swimming the above indoor topic will be taught.	Swimming Year 3 & Year 4 will swim for 3 half terms. If not swimming the above indoor topic will be taught.	Swimming Year 3 & Year 4 will swim for 3 half terms. If not swimming the above indoor topic will be taught.
Yr 4 Lesson 2 Outdoor	Athletics 6 lessons Unit 2 Running, Jumping, Throwing, Athletic event Core Task (unit 18 Leics SOW app E)	Invasion Games 12 lessons Unit 2 (Rugby focus but can be any invasion game) Ball Handling / Passing / Moving with ball / Tagging / Decision Making / Game Play Core Task (unit 11 Leics SOW app E)		Striking/Fielding 6 lessons Unit 1 (Cricket) Core Task (unit Leics SOW app E)	Net/Wall Games 6 lessons Unit 1 Sending (striking) Receiving (controlling) / mini games Core Task (unit 13 Leics SOW app E)	



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PE Yearly Curriculum Map for Year 5

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Yr 5 Lesson 1 Indoor	Gym 6 lessons Unit 5 Rolling & Sliding / Wheeling / Jumps & Sequences / Partner Balances	Dance 6 lessons Aboriginal/Haka Dance <i>Core Task (unit 21 Leics SOW appE)</i>	Net/Wall 6 lessons Unit 2 Grip / Ready Position & Forehand / Backhand, Volley, Serve / Moving Opponent & Aiming / Game Play <i>Core Task (unit 26 Leics SOW app E)</i>	Dance 6 lessons Jive/Charleston	Gym 6 lessons Unit 5 Rolling & Sliding / Wheeling / Jumps & Sequences / Partner Balances <i>Core Task (unit 27 Leics SOW app E)</i>	Sports Leader training
Yr 5 Lesson 2 Outdoor	Athletics 6 lessons Unit 3 Running - Relays / Hurdles / Throwing / Jumping <i>Core Task (unit 29 Leics SOW app E)</i>	Invasion Games 6 lessons Unit 3 Netball - passing/ball control/finding space/possession/scoring/ marking and defending Or Football- rolling/kicking /control /possession /scoring /defending <i>Core Task (unit 23 Leics SOW app E)</i>	OAA 3 or 4 lessons Unit 3 Map Skills / Orienteering / Blindfold Trust <i>Core Task (unit 30 Leics SOW app E)</i>	Invasion Games 3 or 4 lessons Unit 3 Netball - passing/ball control/finding space/possession/scorin g/marking and defending Football- rolling/kicking /control /possession /scoring /defending <i>Core Task (unit 23 Leics SOW app E)</i>	Striking/Fielding 9 lessons Unit 2 Developing Skills (rounders) <i>Core Task (unit 25 Leics SOW app E)</i>	



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PE Yearly Curriculum Map for Year 6

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Yr6 Lesson 1 Indoor	OAA 6 lessons Unit 3 Map Skills / Orienteering / Blindfold Trust <i>Core Task (unit 30</i> <i>Leics SOW app E)</i>	Gym 6 lessons Unit 6 Counter Balance & Tension / Partner Work - Synchronisation & Canon / Holes & Barriers / QCA Core Tasks	Dance 6 lessons Unit 6 Using different images - Cartoons <i>Core Task (unit 22</i> <i>Leics SOW app E)</i>	Gym 6 lessons Unit 6 contd <i>Core Task (unit 28</i> <i>Leics SOW app E)</i>	Dance 6 lessons Unit 6a Communicating ideas, issues, thoughts & feelings (Newspapers)	NetWall 6 lessons Unit 2 Grip / Ready Position & Forehand / Backhand, Volley, Serve / Moving Opponent & Aiming / Game Play <i>Core Task (unit</i> <i>26</i> <i>Leics SOW app E)</i>
Yr 6 Lesson 2 Outdoor	Net/Wall 4 lessons Unit 2 Grip / Ready Position & Forehand / Backhand, Volley, Serve / Moving Opponent & Aiming / Game Play	Invasion Games 8 lessons Unit 4 Passing / Ball Control / Keeping Possession / Scoring / Defending / Games Play (Netball / Basketball Focus) <i>Core Task (unit 24</i> <i>Leics SOW app E)</i> <i>(This has allocated more time than needed for skills to be</i> <i>developed. This is in case of inclement weather when a</i> <i>lesson may be missed as the hall is not available).</i>		Athletics 6 lessons Unit 3 Running/Relays/Hurdles/ Throwing/Jumping <i>Core task (unit 29 Leics</i> <i>SOW app E)</i>	Striking/Fielding 8 lessons Unit 2 Developing Skills (rounders) <i>Core Task (unit 25</i> <i>Leics SOW app E)</i>	